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**FOR IMMEDIATE RELEASE:**

**THREE ARCHES FOUNDATION WELCOMES NEW BOARD MEMBERS**

CLEVELAND, May 31, 2022: Three Arches Foundation, a community-focused grant making foundation, added two new members to the board of directors and elected current member Becky Starck, M.D. as its new secretary. Gina Gavlak and Seona Goerndt join the 19-member volunteer board. The Foundation also recognized the contributions of outgoing director Jean Polster for her service on the board since the organization's inception in 2017.

Gavlak is vice president of business and fund development for Neighborhood Family Practice, a Federally Qualified Health Center with locations in Cleveland's west side and Lakewood neighborhoods. She also serves as president of the North Coast Health Foundation, a supporting organization of Neighborhood Family Practice established in 2019 when the two organizations joined together to advance their shared mission of providing high quality health care to anyone in need, regardless of ability to pay. With 30 years of experience in leadership, program and fund development, advocacy, and direct patient care, Gavlak has focused her career on increasing access to adequate, affordable, and equitable health care and working to reduce health disparities.

Goerndt is the executive director of Recovery Resources, a non-profit behavioral health agency that helps people triumph over mental illness, alcoholism, and drug addiction. With a keen understanding of the unique challenges and impact social determinants of health have on a community, she helps provide strategic direction and thought leadership centered on the need for accessible care and services. Prior to joining the organization, Goerndt served on the Recovery Resources board of directors where she chaired the Development, Marketing and Community Engagement Committee. She currently serves on the board of the local chapter of the American College of Healthcare Executives and co-chairs the Experience and Engagement Committee of the MetroHealth Direct Contacting Entity, dba Collaborative Care Partners.

**About Three Arches Foundation (TAF)** – Three Arches Foundation is a 501(c)(3) public charity that invests in advancing the health and well-being of the people of Lakewood and surrounding communities through grant making. By connecting people, ideas and resources, the Three Arches Foundation fosters a collaborative approach towards investing in organizations whose work directly addresses the continuum of physical and behavioral health issues. For more information, visit [threearchesfoundation.org](http://threearchesfoundation.org)

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**Note to Editors:** Images of Gavlak and Goerndt are available upon request; please email [ja@ardentcgroup.com](mailto:ja@ardentcgroup.com) or text 216.924.2866